



### Alcona Health Center Mission

The purpose of Alcona Citizens for Health, Inc. (Alcona Health Center), shall be to promote, develop and operate such facilities and programs as are necessary to provide quality health care to all residents of Alcona County and the surrounding areas, regardless of ability to pay.

### Insurance Accepted. Income based Sliding Fee Offered.

Public and private insurance companies may be billed for services provided. Applicable copays do apply. An income based sliding fee payment scale is offered. All are encouraged to apply.



# P PETOSKEY SCHOOL WELLNESS PROGRAM

Advantages to utilizing the Petoskey School Wellness Program services provided within your child's school include the following:

- Students can experience their care in a comfortable, familiar environment.
- Less loss of class time and fewer disruptions of regular routines for your student.
- Removes barriers to transportation and job related issues that might hinder access to health services.
- Expedited treatment leading to earlier diagnosis and interventions for your student.



# P PETOSKEY SCHOOL WELLNESS PROGRAM

*This is a collaboration of the Public Schools of Petoskey and Alcona Health Center supported through funding from the Michigan Department of Health and Human Services (MDHHS).*



### Contact Us!

School Nurse - (231) 412-6371

Behavioral Health - (231) 412-6455

### After Hours Care-

If you have a medical or behavioral health issue after hours, please contact your primary care provider.

Petoskey School Wellness Program established patients can access AHC Petoskey Child Health Associates nurse triage hotline through Spectrum Health System to address routine, urgent and emergent needs after normal business hours.

Petoskey Child Health Associates - (231) 487-2250  
After Hours- (866) 542-7944

If you have an Emergency dial 911!

# **P**ETOSKEY SCHOOL WELLNESS PROGRAM

The Petoskey School Wellness Program is a collaboration between the Public Schools of Petoskey and Alcona Health Center. This program is aimed at supporting student health with the availability of on site, school based behavioral health and school nurse services.



## **Behavioral Health and School Nurse**

- **Petoskey Middle School**  
801 Northmen Drive  
Petoskey, MI 49770
- **Petoskey High School**  
1500 Hill Street  
Petoskey, MI 49770
- Alcona Health Center and the Public Schools of Petoskey collaborate to offer Behavioral Health Services at all other schools in the district. Funding for this is not provided from MDHHS.

## **What is School Based Behavioral Health?**

The Petoskey School Wellness Program offers School Based Behavioral Health Therapists to assist elementary aged children and teens to gain confidence and learn strategies to be more successful in and out of the classroom.

With parental/guardian permission, our licensed Behavioral Health Therapists offer individual, group and family therapy conveniently located within your child's school.

## **How Can We Help?**

Is your child:

- Experiencing mood changes that are out of the ordinary or feelings of anxiety or depression?
- Having difficulty staying on task, following directions or getting into disagreements with others?
- Experiencing relationship issues, family or school stress?
- Experiencing social issues such as bullying or negative peer pressure?



## **What Does the School Nurse Do?**

The school nurse is available to Petoskey Middle and High school students. Services provided include:

- Provides sick child assessment
- Conducts screenings and writes referrals for health services
- Develops and monitors health plans for students with health conditions
- Provides health education to students, parents and staff
- Collaboration with the students primary care provider as needed

## **Professional, Confidential and Compassionate Care**

The School Wellness Program has a strong focus on nutrition, physical activity, and mental health.

With a School Nurse and a Behavioral Health Therapist, the School Wellness Program provides nursing services, health education, wellness visits, staff training, as well as individual, group, and family counseling in the middle and high schools.