

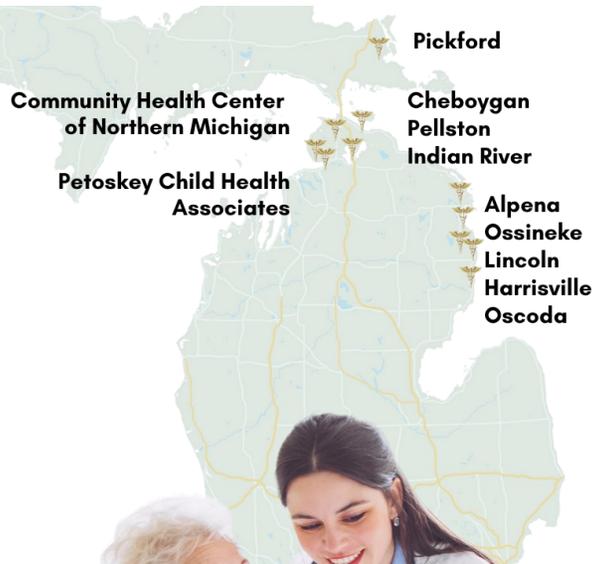
Our Mission and Vision

Mission

To provide patient-centered quality healthcare services regardless of the ability to pay.

Vision

To be the lead provider of Innovative, quality health care services.



What to Expect

When you come and see a Care Manager, we establish during the initial visit your goals and a specialized care plan just for you! If you are seeking education for a specific condition, you may only need a couple visits! If you are looking for weight and nutrition management and you want long-term oversight, we can see you for as long as you need!

How Much Does It Cost?

For most people with insurance, there is no out-of-pocket cost. Medicare, Medicaid, and most private insurances cover all or most of the fee to see a Care Manager. If you would like to check with your insurance provider prior to receiving care management services the CPT codes are: For Medicare: 99490, 99439, 99487, 99489, 99426, 99427, G0140, G0024, For Medicaid or private insurance: G9001, G9002, G9007.

How to Join?

If you would like to start care management services, you can speak with your healthcare provider or you can contact the care manager at the office where you are seen to see if you qualify!



Care Managers:
Helping with Chronic Care
A Helping Hand for Those Most in Need



alconahealthcenters.org

Who Can Use Care Management Services?

Anyone with chronic conditions such as:

- Diabetes
- Obesity/Overweight
- Hypertension (High blood pressure)
- Hyperlipidemia (too much cholesterol)
- Chronic Kidney Disease (CKD)
- Underweight
- Atrial Fibrillation (Afib)
- Heart Failure (HF or CHF)
- Heart Disease
- Dementia/Alzheimer's
- GI conditions (IBS, Crohn's, Ulcerative Colitis)
- Cystic Fibrosis
- Tobacco/Nicotine dependence
- And more!

Care management: Managing a Chronic Condition

Services Care Managers Provide:

- **Help navigating the health system:**
We can assist you in understanding and obtaining your medical records from the various clinicians you may see, making the process easier and less overwhelming.
- **Support after hospitalization:**
We guide you through discharge instructions, explain new medications, and check in to ensure recovery. Our goal is to help you return to baseline and avoid readmission.
- **Health education and coaching:**
Care Management offers guidance on chronic conditions and practical steps to improve your health. This includes diabetes management, nutrition, exercise, weight programs, and special diets for conditions like CKD, hypertension, or heart failure. Many people find value in meeting with Care Management to stay accountable and reach their goals.
- **Team Coordination:**
We assist with provider communication, equipment, referrals, glucose monitoring, and more. We also help with insurance, DME companies, and pharmacies when answers are hard to find.

Your Patient-Centered Medical Home Care Team

Care Managers are a part of the Alcona Health Center care team. Our team of medical, dental, behavioral health, recovery services, pharmacy and other professionals will work with you to establish and manage your health goals and assist you in achieving your best possible health!

If you need some extra support addressing health conditions, you can ask your healthcare provider about scheduling an appointment with a **Care Manager** or contact the person listed below:

Care Manager Name

Phone: _____

Do you need help overcoming barriers that stand in the way of your health?

We can connect you with a Community Health Worker who can help you overcome barriers to care and guide you to community resources such as home health services, food assistance, transportation, or support with insurance coverage.

