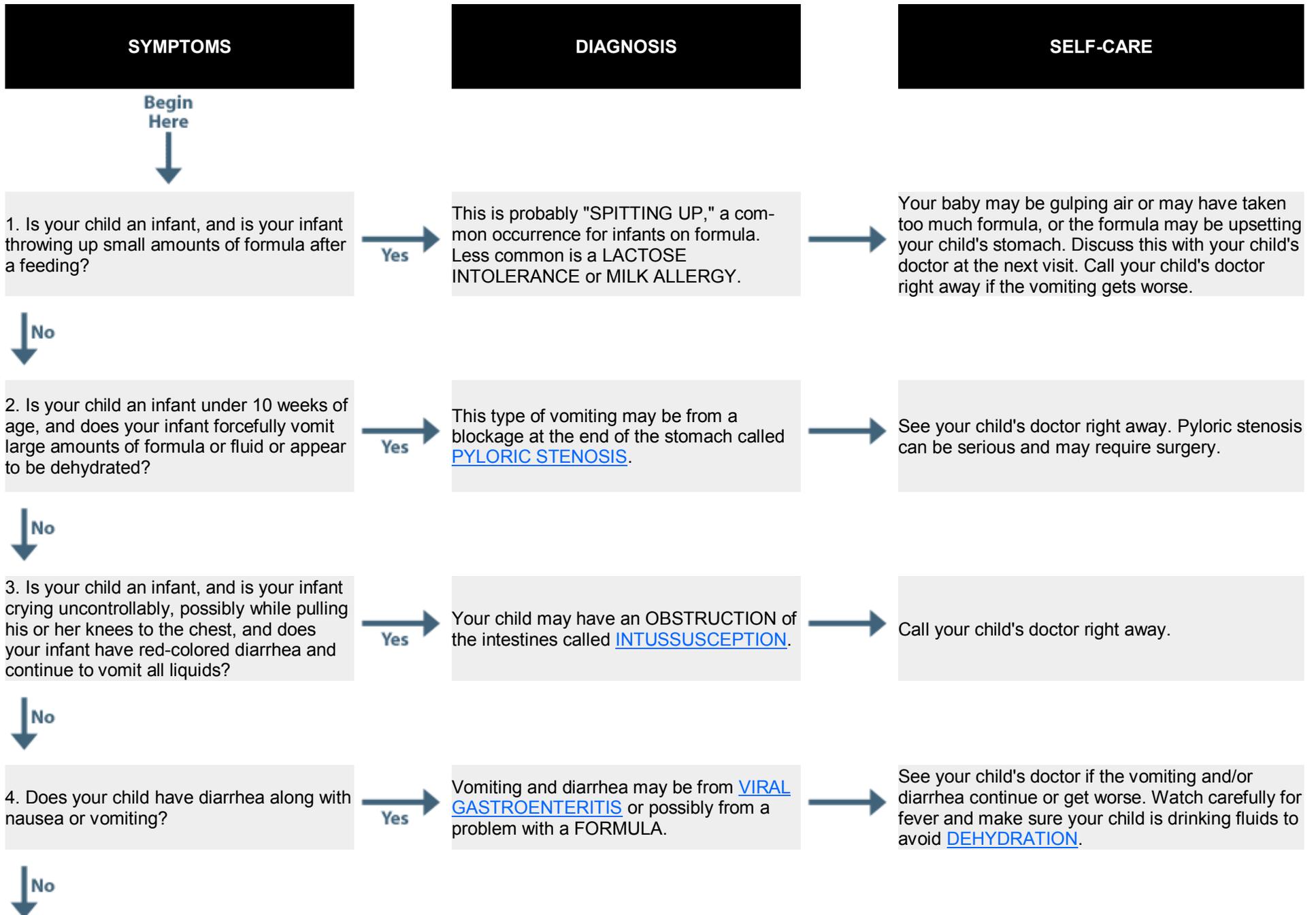


# Nausea and Vomiting in Infants and Children

Parents often feel uncomfortable when their children are unable to eat or hold down food or fluids. Many mild illnesses may lead to a "sour stomach" or an inability to hold down food. Sometimes nausea and vomiting may be signs of a more serious condition. Follow this chart for more information about these problems.



5.

A. Has your infant (age two years and under) been vomiting continuously for 6 to 12 hours?



Your infant or child may be on the verge of [DEHYDRATION](#).



Call your child's doctor right away.

B. Has your child (age two and above) been vomiting continuously for 12 to 24 hours?



For more information, please talk to your doctor. If you think the problem is serious, call your doctor right away.

*This tool has been reviewed by doctors and is for general educational purposes only. It is not a substitute for medical advice. The information in this tool should not be relied upon to make decisions about your health. Always consult your family doctor with questions about your individual condition(s) and/or circumstances. Source: American Academy of Family Physicians. Family Health & Medical Guide. Dallas: Word Publishing; 1996.*