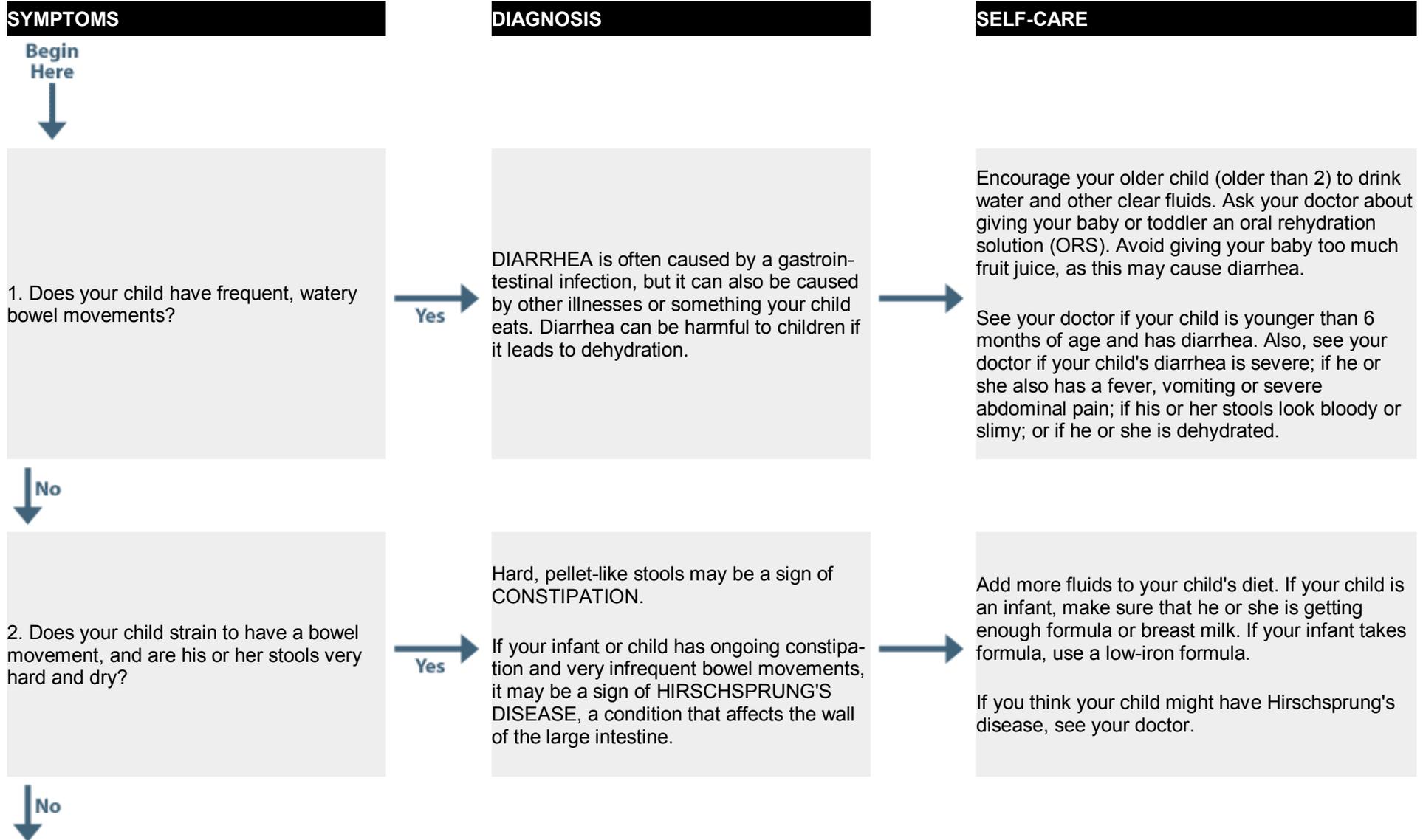


Elimination Problems in Infants and Children

Follow this chart for more information about changes in an infant or child's bowel movements.



3. Does your child have gas, bloating and diarrhea, especially right after eating foods that contain wheat or cow's milk?

Yes →

The inability to digest wheat (CELIAC DISEASE) or milk (LACTOSE INTOLERANCE) can cause these symptoms.

→

Eliminate foods that make your child sick from his or her diet. Talk to your doctor about treating your child's intolerance of milk and dairy products with lactose enzyme. Soy formula may be an appropriate substitute for infants who have lactose intolerance.

↓ No

4. Does your child seem to have pain with bowel movements, or do you suspect he or she holds the bowel movements to prevent pain?

Yes →

Pain from HEMORRHOIDS or an ANAL FISSURE can cause a child to hold a bowel movement for many days.

→

See your doctor if the pain is not better in a few days.

↓ No

For more information, please talk to your doctor. If you think your child's problem is serious, call your doctor right away.

This tool has been reviewed by doctors and is for general educational purposes only. It is not a substitute for medical advice. The information in this tool should not be relied upon to make decisions about your health. Always consult your family doctor with questions about your individual condition(s) and/or circumstances. Source: American Academy of Family Physicians. Family Health & Medical Guide. Dallas: Word Publishing; 1996.