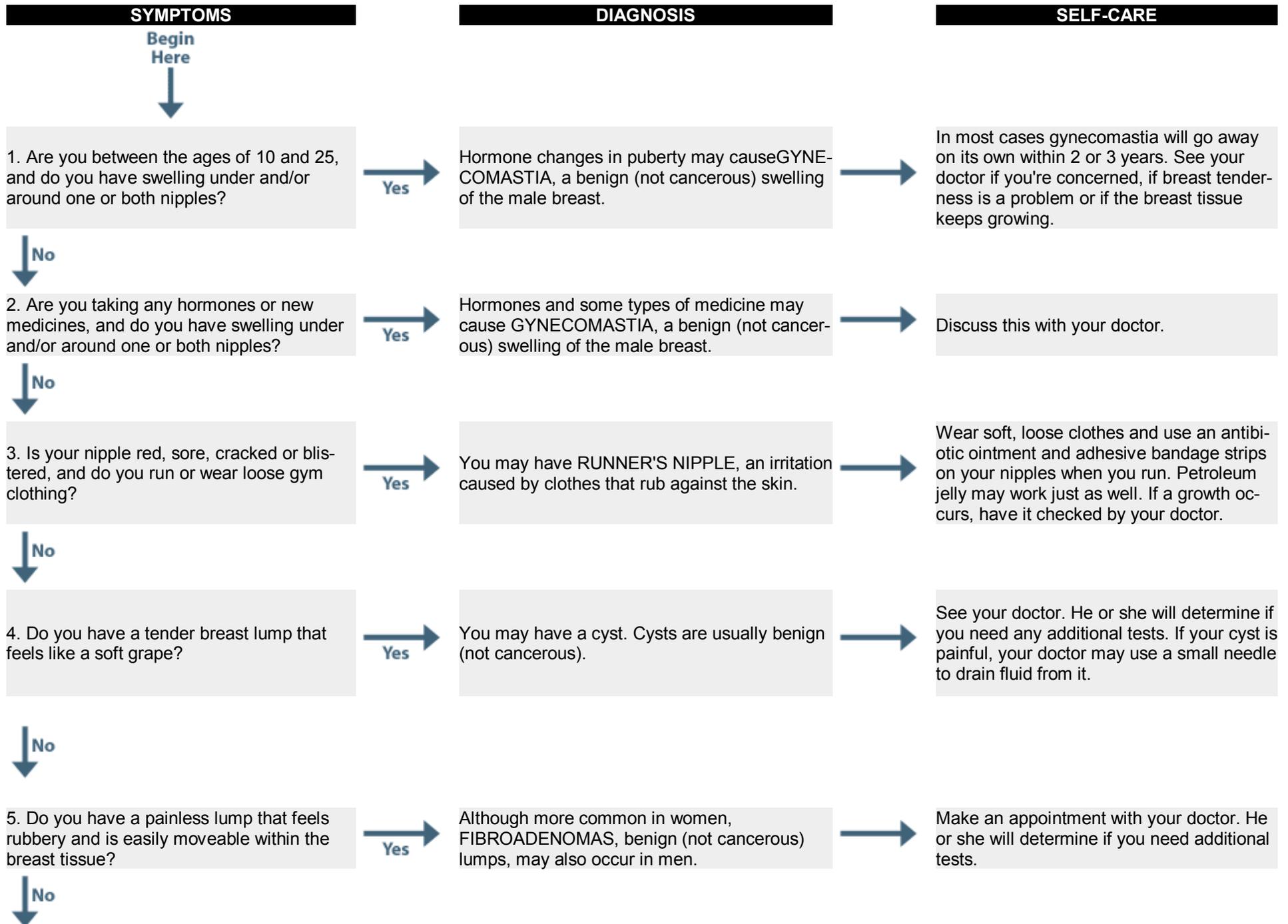


Breast Problems in Men

Although many people only associate breast problems with women, men can also be affected. If you have noticed changes in your breasts or nipples, follow this chart for more information.



6. Do you have a hard, painless lump under your nipple, and have you noticed any breast changes such as skin dimpling or puckering, redness or scaling of the nipple or breast skin, or have you had any nipple discharge?

→ Yes

This may be a sign of something serious, like CANCER.

→

MAKE AN APPOINTMENT WITH YOUR DOCTOR RIGHT AWAY.

↓ No

For more information, please talk to your doctor. If you think your problem is serious, call right away.

This tool has been reviewed by doctors and is for general educational purposes only. It is not a substitute for medical advice. The information in this tool should not be relied upon to make decisions about your health. Always consult your family doctor with questions about your individual condition(s) and/or circumstances. Source: American Academy of Family Physicians. Family Health & Medical Guide. Dallas: Word Publishing; 1996.